

# Estimating The Optimal Number of Patients of External Clinics, For A Private Hospital, Via Mathematical Programming

**Zeinab Youssef**

Associate Professor in Statistics, Faculty of Economics and Political Science,  
Cairo university, Cairo, Egypt

## Abstract

There is a great need for administrators of private organizations to be familiar with efficient methods of allocating scarce resources as an organization seeking for profit. In the other side they are seeking for quality which can be measured in terms of several criteria. In the health care service quality output can be measured in terms of, duration of stay, number of procedures, number of admissions or discharges. It is known that high quality is often associated with high payment (cost), although costs must be kept within certain limits. The main objective of the study is to apply the multi objective programming(MOP)with the aid of queuing theory to determine the optimal number of patients to be served via the external clinics of a private hospital so that the decision maker can efficiently , allocate the scarce resources to realize as high level of quality as possible.

## Key Words

Goal Programming , conflicting goals, efficient health care facilities.

## Introduction

Health care resources are always limited as compared with the demands for efficient services that are frequently needed by the customers (patients). In the opposite side facilities of a hospital, which are unoccupied or unutilized, are a buffer against the risk of not having the needed facilities when the demand for them increases. The cost of that buffer is the cost of:

- 1) Construction, set up
- 2) Maintaining unoccupied facilities.
- 3) Staff who is partly idle when not needed.

Besides the ideas of cost reduction and profit maximization, important issues have to be achieved, especially for private organizations. Both objectives may have equivalent importance while conflicting ones. There are additional objectives such as: Improving market share, relationship with public and producing as high quality as possible.

Goal programming (GP) is developed by Charnes et al (1961,1977) to provide the DM's with the opportunity to satisfy or optimize several diversified goals simultaneously. Lee (1973) has applied model for problems in healthcare field showing the flexibility of choosing priorities of the goals as a great advantage since it permits to easily choose between different choices to function the best one.

Piershalla and Wilson (1989) have presented some important methods in patients care delivery systems. McQuarrie et al presented a study to find a range for maximal hospital occupancy rates using various queuing systems. Panayiotopoulos et al (1984) studied a hospital emergency department using a general simulation algorithm via queuing systems. Cooper, J.K et al presented a mathematical method to estimate the optimal number of beds in the cardiac-care services of a hospital. Chalabi, z et al have developed a two stage stochastic mathematical programming formulation to allocate resources between health care programs when there is an exogenous budget and the parameters of the health care models are variable and uncertain. Epstein et al (2008) provided a general mathematical programming model for health care allocation that allows to incorporate important aspects that are not available if the decision making is made using threshold values of incremental cost-effectiveness ratio alone.

Smith and Daniels et al (1988) noted that a healthcare system's operational activities are comprised of three phases:

- Long-range capacity decisions involving the acquisition of capital intensive resources.
- Medium-range capacity decisions for work force or equipments.
- Scheduling.

Behner, K.G et al have used economic and statistical analysis to formulate and interpret the relationship between service level and nurse staffing decisions. Sendi, P et al (2003) examined the implications of indivisibility on the mathematical programming results. Stinnett, A, et al (1996) provided a general mathematical programming framework to accommodate information regarding returns to scale indivisibilities in the patient population, program interdependence and ethical constraints.

## The Suggested Model:

External clinics represent a very important preface of any healthcare organization. Determining the optimal number of patients helps the DM's to efficiently allocate the scarce resources such as physicians, nurses and rooms to realize the conflicting objectives of:

- Minimizing allocation costs.
- Maximizing profit.
- Decreasing waiting times for the patients.
- Keeping human and spatial availability.

2) Goal programming model for determining the optimal number of external patients of a private hospital:

Let:

$C_i$ : be the number of patients who visit clinic  $i$  at shift  $t$  and day  $d$ ,  $i=1, \dots, 5$   $t=1, \dots, 6$  ,  $d=1, \dots, 6$ .

$c_i$ : cost of serving one patient at clinic  $i$ .

$M$ : max. number of patients allowed in the system.

$V_i$ : The profit of serving one patient at clinic  $i$ .

$V$ : min. value of profit targeted by the organization.

$P_{itd}$ : available number of physicians of clinic  $i$  at shift  $t$  and day  $d$   $i=1, \dots, 5$   $t=1, \dots, 6$  ,  $d=1, \dots, 6$ .

$n_{td}$ : available number of nurses at shift  $t$  and day  $d$  ,  $t=1, \dots, 6$  ,  $d=1, \dots, 6$ .

$r$ : available number of rooms for external clinics.

$w_{itd}$ : Average time a patient spends at clinic  $i$  at shift  $t$  and day  $d$  (which is a nonlinear function of the capacity at clinic  $i$  ,  $i=1, \dots, 5$ ).

$W_i$ : max. time available for all patient at clinic i(usually 2 hours).

$\lambda_{itd}$ : arrival rate for clinic iat shift t and day d.

$\mu_{itd}$ : service rate for clinic i at shift t and day d.

$p_i$ : probability that a patient of type i will be lost(i.e. probability of renegeing).

$K_i$ : max. number of patients of type iallowed to leave the system.

notice that i=5 since we assume the following external clinics:

- Internal medicine clinic
- Ear, nose and throat clinic
- Urology clinic
- Bone and joint clinic
- Dermatology clinic

**The model goals:**

$$\min. \sum_{i=1} \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} C_i$$

$$\max. \sum_{i=1} \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} v_i$$

$$\min. \sum_{i=1} \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} w_{itd}$$

**Model constraints:**

$$\sum_{i=1} \sum \sum X_{itd} v_i \leq V$$

$$\sum_{i=1} X_{itd} \leq P_{itd} \quad t=1, \dots, 6 \quad d=1, \dots, 6$$

$$\sum_{i=1} X_{itd} \leq n_{td} \quad t=1, \dots, 6 \quad d=1, \dots, 6$$

$$\sum_{i=1} X_{itd} \leq r$$

$$\sum_{i=1} \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} w_{itd} \leq W_i$$

$$Pr(\sum_{i=1} X_{itd} p_i \leq K_i) \geq \alpha_i$$

$$X_{itd} \geq 0$$

Therefore the final model formulated as a goal programming one is as follows:

$$\text{Lexico. Min. } A = P_1(d_1^+ + d_2^+ + d_3^+), P_2(d_4^+ + d_5^+ + d_6^+ + d_7^+)$$

s.t.

$$\sum_{i=1}^6 \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} C_i + d_1^- - d_1^+ = C$$

$$\sum_{i=1}^6 \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} v_i + d_2^- - d_2^+ = V$$

$$\sum_{i=1}^6 \sum_{t=1}^6 \sum_{d=1}^6 X_{itd} w_{itd} + d_3^- - d_3^+ = W_i$$

$$\sum_{i=1} X_{itd} + d_4^- - d_4^+ = P_{itd}$$

$$\sum_{i=1} X_{itd} + d_5^- - d_5^+ = n_{td}$$

$$\sum_{i=1} X_{itd} + d_6^- - d_6^+ = r$$

$$\sum_{i=1} X_{itd} p_i + d_7^- - d_7^+ = \frac{-\ln \alpha_i}{\lambda_{itd}}$$

$$X_{itd} \geq 0$$

$$0 \leq \alpha_i \leq 1$$

Appendix: calculating the average time a patient stays at clinic  $I, w_{itd}$ :

In order to calculate the mean time  $w_{itd}$ , a patient stay at clinic i, we must know the following three information:

- Dist of inter-arrival time
- Dist. of service time.
- Number of physicians available at clinic i at shift t and day d(which is equivalent to  $c_{itd}$  in the following calculations).

Assuming the clinic system is M/M/ $c_{itd}$  system and that:

$$\rho_{itd} = \frac{\lambda_{itd}}{\mu_{itd}} \text{ the utilization rate at clinic iat shift t and day d}$$

Therefore:

$$E(t_{itd}) = w_{itd} = \frac{c_{itd} \mu_{itd}}{(c_{itd} \mu_{itd} - \lambda_{itd})^2} \rho_{itd}^{c_{itd}}$$

$$\rho_{itd} = \frac{c_{itd} - \rho_{itd} \rho_{itd}^{c_{itd}}}{c_{itd} + \rho_{itd} \rho_{itd}^{c_{itd}}}$$

**References**

- [1]. Behner, K.G, Fogg, L.F, Fournier, L.C., Frankenbach, Robert son, S.B. 1990. Nursing Resource Management: Analyzing the Relationship between Costs and Quality in Staffing Decisions. Health Care Management Review, 15, 63-71.
- [2]. Charnes, A, Cooper, W 1961. Management Models and Industrial Applications of Linear Programming. New York Wiley.
- [3]. Charnes, A, Cooper, W 1977, Goal Programming and Multiple Objective Optimization, part I, European Journal of Operational Research, 1, 39-54.
- [4]. Cooper, J.K, Corcoran, T.M. 1974. Estimating Bed Needs by means of Queuing Theory, the New England Journal of MEDICINE, 22, 404-410.
- [5]. Epstein, D, Zaid, c, Mckenna, c and Claxton, K, 2008, Uncertainty and Value of Information when Allocating Resources within and between Health Care Programmes, European Journal of Operational Research, 191, 530-539.
- [6]. Lee, S. 1973. An Aggregative Resource Allocation Model for Hospital Administration. Socio-Economic Planning Science, 7, 381-395.
- [7]. McQuarrie, D 1983, Hospitalization Utilization Levels: the Application of Queuing. Minnesota Medicine, 7, 679-690
- [8]. Panayiotopoulos, J.C, Vassilacopoulos, G 1984. Simulating Hospital Emergency Departments Queuing Systems: GI/G/m(t) :HFFF/N/. European Journal of Operational Research, 18, 250-258.
- [9]. Schniederjans, M.J, Karuppan, C.M 1995. Designing a Quality Control System in a Service Organization: A Goal Programming Case Study. European Journal of Operational Research, 81, 249-258.
- [10]. Sendi, P.AL, M.J., Gafni, A, Birch, S., 2003, Optimizing a portfolio of health care programs in the presence of uncertainty and constrained resources. Social Science and

*Medicine 57,2207-2215.*

- [11]. Smith -Daniels V.L.,Schweikhart,S.B.,1988, *Capacity Management in Health Care Services; Review and Future Research Directions, Decision Sciences,19,889-918.*
- [12]. Stinnett,A.A,Paltiel,A.D,1996. *Mathematical Programming for the efficient allocation of health care resources , Journal of Health Economics 15,641-653.*